



प.सं.: २०८२-०८३  
च.नं.: ३९६४

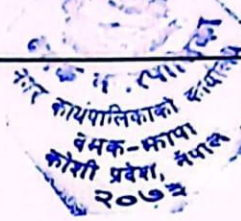
"औद्योगिक, पर्यटकीय र हरितनगर, स्वच्छ, सुरक्षित र समृद्ध नगर"

## दमक नगरपालिका नगर कार्यपालिकाको कार्यालय

दमक, झापा  
कोशी प्रदेश, नेपाल



☎ ०२३-५९७०००



२०८२।९।२४

श्री सम्पूर्ण सूचिकृत फर्महरु (सबै)

विषय: आर्थिक प्रस्ताव पेश गर्ने सम्बन्धमा ।

प्रस्तुत विषयमा दमक नगरपालिकाका अशक्त र विपन्न नागरिकहरुकालागि यसै पत्र साथ संलग्न स्पेशिफिकेसन अनुसारको सहायक सामग्री खरिद गर्नु पर्ने भएकाले BOQ अनुसारको आर्थिक प्रस्ताव मिति २०८२।९।३० गते बुधवार १.०० बजे सम्ममा दमक नगरपालिकाको महिला बालबालिका तथा ज्येष्ठ नागरिक शाखामा शिलवन्दी गरि प्रस्ताव पेश गर्नुहुन सम्पूर्ण सूचिकृत फर्महरुलाई जानकारी गराइन्छ । सोही दिन दिनको १.३० बजे आर्थिक प्रस्ताव खोल्ने व्यहोरा समेत जानकारीका लागि अनुरोध छ ।

आवश्यक कागजातहरु

सूचिकृत भएको कागजात

फर्म दर्ता

अघिल्लो आ.व.को कर चुक्ता

भ्याट रजिष्ट्रेसन

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२०८२।९।२४  
**सुनिल निरौला**  
प्रमुख प्रशासकीय अधिकृत

नोट: स्पेशिफिकेसन दमक नगरपालिकाको वेबसाइट [damakmun.gov.np](http://damakmun.gov.np) मा राखिएको छ ।

श्रीमान प्रमुख प्रशासकीय अधिकृत ज्यू  
दमक नगरपालिकाको कार्यालय  
दमक झापा



सुनिल निरौला  
प्रमुख प्रशासकीय अधिकृत

विषय: आर्थिक प्रस्ताव पेश गरेको सम्बन्धमा ।

क्र सं	सामानको बिबरण	इकाइ	परिमाण	मूल्य अंकमा	मूल्य अक्षरमा
१	Auxillary Crutch	पिस	२		
२	Walking Stick	पिस	१९		
३	Walker	पिस	१		
४	Manual Wheelchair with Cushion	पिस	७		
५	Toilet Chair	पिस	२		
जम्मा:					
भ्याट लाग्ने भए:					
कुल जम्मा:					

पेश गर्नेको नाम:

हस्ताक्षर

मिति:

फर्मको छाप

सम्पर्क नं






सहायक सामग्री र मापदण्ड

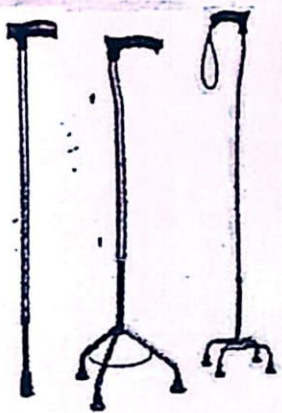


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वरिष्ठ प्रशासकीय अधिकारी

NAME OF ASSISTIVE DEVICE	DEFINITION	SPECIFICATION
<p>Axillary Crutches ISO Code: 12.03.12</p> 	<p>Devices providing support when walking that have a horizontal padded support that is placed against the upper body next to the armpit</p>	<ul style="list-style-type: none"><li>• Constructed from aluminum alloy tubes. Standard thickness.</li><li>• High density rubber horizontal bar, cushioned, fitting under the axilla</li><li>• Handgrip: high density rubber/ plastic covered handle, pistol grip or rounded.</li><li>• Leg and arm sections adjust independently for optimum sizing-both floor to handgrip height and the distance between the handgrip and the axilla pad is adjustable.</li><li>• Tips: non-slip, and replaceable/ interchangeable, usually made of durable rubber, meets ISO standards. Available in small, medium or large sizes</li><li>• Double molded hand grip with soft cushioning.</li><li>• Height-adjustment mechanism: double height adjustment (handgrip and shaft)</li><li>• Rubber Tips/Ferrule securely fitted and made from durable rubber with steel washer built inside.</li><li>• Max/min adjustable height: 984/745 <math>\pm</math> 5 mm</li><li>• Weight bearing capacity: 120kg</li><li>• Size: Large, Medium, Small (depending on the age/condition)</li></ul>



3.	<p>Walking sticks/canes ISO Code: 12.03.03</p> 	<p>Adjustable mobility device with a handgrip</p> <p>Types:</p> <ul style="list-style-type: none"> <li>• L-stick</li> <li>• Tripods</li> <li>• Quadri pods</li> </ul>	<ul style="list-style-type: none"> <li>• Constructed from aluminum alloy tubes.</li> <li>• ABS handle with comfortable grip.</li> <li>• Height-adjustment mechanism: Telescopic, quick-release</li> <li>• Soft gel on handle top</li> <li>• Tips securely fitted, non-slip, and replaceable or interchangeable</li> <li>• Weight bearing capacity: 110kg</li> <li>• Size: Large, Medium, Small</li> </ul>
4.	<p>Walker ISO Code: 12.06.03</p>	<p>Frame that helps a person to maintain stability and balance while walking or standing, with either four tips (ferrules) or two tips and two castors</p>	<p>1. Frame</p> <ul style="list-style-type: none"> <li>• Made from rigid aluminum tubing for high durability and weight support across age groups</li> <li>• Stable, anti-tip design suitable for users with varying mobility needs</li> </ul> <p>2. Foldability</p> <ul style="list-style-type: none"> <li>• Fully foldable design for convenient storage and transport</li> <li>• Compact folded depth: 10 cm for space-saving storage</li> </ul> <p>3. Handle Grips</p>





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		<p>Equipped with soft foam hand grips for enhanced comfort and slip resistance.</p> <ul style="list-style-type: none"> <li>Suitable for prolonged use by children, adults, and elderly users</li> </ul> <p>4. Dimensions &amp; Size Options</p> <ul style="list-style-type: none"> <li>Width: 52 cm (standard); narrower versions for pediatric use as needed</li> <li>Height Range (Adjustable):</li> <li>Children: 50 cm – 65 cm</li> <li>Youth: 66 cm – 78 cm</li> <li>Adults: 79 cm – 91.5 cm</li> <li>Available Sizes: Small (Child), Medium (Youth), Large (Adult/Elderly)</li> </ul> <p>5. Weight &amp; Capacity</p> <ul style="list-style-type: none"> <li>Walker weight: Approximately 3.3 kg (may vary slightly with size)</li> <li>Weight-bearing capacity: Up to 125 kg for adult and bariatric models</li> <li>Pediatric models designed for safe load-bearing as per age/weight standards</li> </ul>
<p>5. Manual Wheelchair with cushion ISO Code: 12.22.03</p> <p>Types:</p> <ul style="list-style-type: none"> <li>Active</li> <li>Semi-active</li> <li>Rough terrain</li> </ul> 	<p>Intended to be self-propelled by the users by pushing rims or wheels. Can be used indoor/outdoor and on various types of terrain.</p>	<ul style="list-style-type: none"> <li>Active/Semi-active wheelchair</li> </ul> <p>Wheelchair with folding or rigid frame, three or four wheels with large rear wheels, seat and backrest, armrests and footrests</p> <ul style="list-style-type: none"> <li><u>Frame</u>: frame with mechanism(s) to fold or dismantle</li> <li>High quality steel or aluminum frame-125kg capacity</li> <li><u>Backrest</u> or back posts with adjustable height or supplied with range of back posts with fixed height.</li> <li>Detachable, Swing Away Armrests.</li> <li>Detachable, Swing In, Swing Out Leg rest</li> <li><u>Footrests</u>: with adjustable height to accommodate people with shorter and longer legs. Two flip-up, swing-away or removable footrests on folding frame</li> <li><u>Rear wheels</u>: quick-release or removable without tools</li> <li><u>Puncture-proof</u>, pneumatic rear tyres and front castors</li> <li>Anti-tippers for extra safety on slopes and uneven ground.</li> <li>Cushion: Supplied with cover that meets general design requirements; for users with incontinence, a water-resistant cover or lining to protect cushion should be supplied</li> <li>➤ overall height approximately 70–120 mm</li> <li>➤ allows full or deep offloading or immersion (sinking into) and envelopment (conforming to shape) 40–45 mm) or deeper</li> <li>➤ different length options or adjustable in length</li> </ul> <ul style="list-style-type: none"> <li>Rough terrain wheelchair</li> </ul>



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सुश्री निरोला  
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Wheelchair with folding or rigid frame; four or more wheels with two larger drive wheels; seat and backrest; and footrests behind front castors

- May be lever-propelled
- Longer wheelbase than active wheelchair; larger overall length than transport wheelchair with large rear wheels
- Low center of gravity to ensure stability
- Rear wheels and castors appropriate for outdoor rough terrain

**Frame:** frame with mechanism(s) to fold or dismantle, push-handles can be integrated into frame, supplied as an add-on component or omitted, integrated stability options for seat, backrest or back-posts with adjustable height or supplied with range of back-posts with fixed height

**Backrest:** tension-adjustable backrest or rigid backrest that can be adjusted independently from back-posts, quick-release mechanism to be removed to allow folding

**Footrests** with adjustable height. Two flip-up, swing-away or removable footrests on folding frames.

**Rear wheels (manual propelling):** with push-rims or lever-propelled and quick-release or removable without tools for rigid frames for transport; optional for wheelchairs with folding frame. Wider or larger-tread tyres

**Puncture-proof** or pneumatic, rear tyres and front castors

**Rear and front wheels (lever propelling):** size and width of front and rear wheels appropriate for rough terrain and wheelchair design, three or multiple wheels, puncture-proof or pneumatic wheels

#### **Cushion:**

Supplied with cover that meets general design requirements; for users with incontinence, a water-resistant cover or lining to protect cushion should be supplied

- overall height approximately 70–120 mm
- allows full or deep offloading or immersion (sinking into) and envelopment (conforming to shape) 40–45 mm) or deeper
- different length options or adjustable in length

#### **Compliance**

- ISO standard/CE certified
- Designed for durability, urban maneuverability, and short uneven terrain use
- Load capacity: Min. 100 kg
- Suitable for users with advanced mobility skills or moderate needs
- Standard quality

#### **Accessories**

- Anti-tip bars, headrest, seatbelt
- Foldable for transport
- User manual and maintenance guide included



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Toilet Chair/  
Commode chairs  
ISO Code: 09.12.03



Chairs, with or without castors, with a built-in collection receptacle used for toileting away from the bathroom

#### 1. Frame & Structure

- Material:
- Aluminum alloy for strength, corrosion resistance, and lightweight handling
- Frame Design:
- Foldable or fixed frame options for storage and portability
- Anti-slip rubber ferrules on legs to prevent slipping on wet surfaces

#### 2. Seat & Pan


- Seat Type:
  - Ergonomically shaped plastic or padded seat with a central opening
  - Detachable seat cover for hygiene
- Commode Pan: Removable plastic or stainless-steel pan with handle and lid
- Capacity: Minimum 5 liters
- Easy to clean and sanitize

#### 3. Comfort & Safety Features

- Armrests: Fixed or flip-up design with soft padding for added comfort and side support



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Backrest: Optional padded or molded back support for additional comfort

- Height Adjustable Legs: Range: Typically, 40 cm to 55 cm to suit different user needs and match bed height.
- Wheels (Mobile Commode Chair):
- Four lockable caster wheels for mobility and safety
- Multi-function Design: Some models can be used as a shower chair, bedside commode, or over-toilet frame
- Footrest: Included in some wheeled models for additional support

#### 4. Weight & Capacity

- Chair weight: 5 to 9 kg (depending on model and material)
- User weight capacity: Up to 120–150 kg
- Bariatric versions available for higher weight capacity (up to 200 kg)

#### 5. Sizes

- Available in Small, Medium, Large
- Pediatric models available with additional safety straps and smaller seat dimensions



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